



Post-operative guidelines for *chilectomy*

Please note these are general post-operative guidelines and may change for various reasons on a case-by-case basis.

At 2 weeks after your surgery you will be seen to have your stitches removed and to begin aggressive range of motion with physical therapy to maximize your final post-operative motion.

At 6 weeks after surgery you will be seen to have a range of motion check

If at any time after surgery you notice increasing redness, pain, drainage from the incision, fevers or chills, please contact Dr. Kestner's office (843) 572-2663

Do not use tobacco products!! It greatly reduces healing and increases the risk of complications.

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