



## **Post-operative guidelines for *hammertoe repair***

Please note these are general post-operative guidelines and may change for various reasons on a case-by-case basis. Diabetics will require more time to heal.

At 2 weeks after surgery we will remove the sutures. You will be placed in a heel-walking shoe and may weight bear as tolerated but you may be safer with a cane or a crutch for additional support.

At 6 weeks after surgery we will remove the pins from the toes and you may return to walking in a regular shoe.

Please use extreme caution while using assistive devices such as crutches, walkers, or Roll-A-Bout. You can fall and break something else!

If at any time after surgery you notice increasing redness, pain, drainage from the incision, fevers or chills, please contact Dr. Kestner's office (843) 572-2663

**Do not use tobacco products!! It greatly reduces healing and increases the risk of complications.**

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