



**Christopher J. Kestner, MD**  
Orthopaedic Surgery  
Foot & Ankle Surgery

**Sarah J. Burkhardt, PA-C**  
Licensed Physician Assistant  
Certified Athletic Trainer

**Seth P. Kupferman, MD**  
Orthopaedic Surgery  
Sports Medicine

**John T. Hulvey, Jr., MD**  
Primary Care Physician  
Sports Medicine

**Lamar C. Hood, PA-C**  
Licensed Physician Assistant

**James D. Dalton, Jr., MD**  
Orthopaedic Surgery  
Sports Medicine

**Todd J. Lansford, MD**  
Orthopaedic Surgery  
Spine Surgery

**Brett R. Harman, PA-C**  
Licensed Physician Assistant

**Jon P. DeVries, MD**  
Orthopaedic Surgery  
Hand Surgery

**Daniel A. Wartinbee, MD**  
Orthopaedic Surgery  
Hand Surgery

**Laura L. Jones, OTR/L**  
Occupational Therapist  
Hand Therapist

**George Pappas, MD, PhD**  
Orthopaedic Surgery  
Sports Medicine

**Michael R. Byers**  
Licensed Physician Assistant  
Certified Athletic Trainer

**Rachael J. Evans, OTR/L**  
Occupational Therapist  
Hand Therapist

Dear Patient:

It is important that you follow the guidelines listed below in order to help ensure you are seen in a timely manner and that correct data regarding your visit is obtained:

- The first 30 to 45 minutes of your appointment will be spent with check-in, insurance, and paperwork. You can download forms from this site to save time.
- Please bring insurance cards, form of identification, and xrays pertinent to your appointment.
- **If you cannot make your appointment, we respectfully ask that you notify our office 24 hours in advanced. If you are late for your appointment, please call ahead and notify the office. We appreciate your cooperation.**
- You may be asked to change into a gown or shorts for exam. For your comfort, you may choose instead to follow these recommendations (be mindful that there could be instances when you will be asked to wear gown/shorts):
  - \**Knee exams*: wear non-denim shorts (no snaps, buttons, zippers, or plastic)
  - \**Hip exams*: Wear non-denim shorts, sweatpants, athletic pants, or pull on type pants (no snaps, buttons, zippers, plastic or metal grommets, embroidery or screen printing).
  - \**Back exams*: Wear non-denim pants (no snaps, buttons, zippers, plastic, or metal grommets, screen printing or embroidery)